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The Journal of Strength and Conditioning Research (JSCR) is the NSCA's scientific journal. This monthly publication prints original research information important to strength and conditioning practitioners. Many educational institutions, researchers, and professionals retain this journal as a valuable reference.

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The Journal of Australian Strength and Conditioning (JASC) is a refereed research publication that covers all aspects of Strength and Conditioning. The aim of the JASC is to provide members and readers with the most up-to-date information. Each issue of the JASC includes a selection of Original Research from the Field, Case Studies, From the Field, Exercise Highlights, Interviews and Reviews of the Literature, on a wide variety of strength and conditioning topics.

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The Journal of Strength and Conditioning Research

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